

Alcoholics Anonymous Meeting Schedule

Area 69, District 3

Updated Aug 20, 2010

A. A. Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other

that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking.

There are no dues or fees for AA membership;

we are self-supporting through our own contributions.

AA is not allied with any sect, denomination, politics, organization or institution;

does not wish to engage in any controversy; neither endorses nor opposes any causes.

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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Utah Valley Central Office

420 N. 200 W. (Freedom Blvd) Suite # 6

Provo Utah 84601

Phone: (801) 375-8620

Office Hours

Monday, Tuesday, and Friday 9:00 AM-1:00 PM

Wednesday and Thursday 2:00 PM-6:00 PM

E-Mail: utahvalleyaa@mcleodusa.net

Web Site: www.utahvalleyaa.org

Phone Numbers

We care call before you take that first drink

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
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_____	_____	_____

The Utah Valley Central Office lists A.A. groups and meetings, but listing a group or meeting does not constitute or imply approval or endorsement of any groups, or meetings approach to, or practice of, the A.A. program.

(Boldface indicates recent change)

Legend

C: Closed meeting for those who have a desire to stop drinking **O:** Open meeting any interested person may attend

A: Wheelchair accessible

GROUPS THAT MEET ON MULTIPLE DAYS

6:30 AM Rise and Shine O	72 N. Geneva Rd., Orem (Above Restaurant)	Mon – Fri
7:00 AM Sunrise Sobriety Group O, A	600 E. Center St., Heber (Rear Entrance)	Mon – Fri
10:30 AM Spiritual Awakenings O	72 N. Geneva Rd., Orem (Above Restaurant)	Mon - Fri
12:00 PM Back to Basics O, A	50 W. 200 N., Provo (St Mary's Church)	Mon, Wed, Fri
12:00 PM Living Sober ¹ O	72 N. Geneva Rd., Orem (Above Restaurant)	Daily
12:00 PM Lunch Bunch O, A	304 E. University Pkwy., Orem (Mimi's Restaurant)	Tues, Thurs
1:30 PM Afternooners O	72 N. Geneva Rd., Orem (Above Restaurant)	Mon, Wed, Fri
3:00 PM Coffee Break Meeting O	72 N. Geneva Rd., Orem (Above Restaurant)	Daily
5:30 PM Commuter Meeting O	72 N. Geneva Rd., Orem (Above Restaurant)	Daily
8:00 PM Heber Group ² O, A	600 E. Center St., Heber (Rear Entrance)	Mon - Sat

SUNDAY

8:00 AM The Drunk Squad Book Study O	72 N. Geneva Rd., Orem (Above Restaurant)
9:00 AM Payson Breakfast Meeting O, A	1000 E. 100 N., Payson (Mountain View Hospital Cafeteria)
10:00 AM Sober Sunday O	72 N. Geneva Rd., Orem (Above Restaurant)
10:00 AM Spiritual Breakfast O, A	1435 N. Main., Springville (Joe Banditos Restaurant)
10:00 AM Serenity Breakfast O, A	304 E. University Pkwy., Orem (Mimi's Cafe)
10:00 AM Heber Spiritual Meeting O, A	600 E. Center St., Heber (Rear Entrance)
6:00 PM Pleasant Grove Group (Big Book Study) O	41 E. 200 S., Pleasant Grove (Div of Leisure Services)
7:00 PM Sunday Speaker Meeting O	72 N. Geneva Rd. Orem (Above Restaurant)
8:00 PM Young at Heart ³ C, A	175 N. University Ave., Provo (Community Church)
8:00 PM American Fork Sunday Night O, A	834 E. State St., American Fork (Jim's Family Restaurant)
8:30 PM New Week New Hope O	72 N. Geneva Rd., Orem (Above Restaurant)

MONDAY

6:30 PM Woman Supporting Women C	600 E. Center St., Heber (Rear Entrance)
7:00 PM Sisters in Sobriety C, A	245 S. 200 E., Springville (Presbyterian Church)
8:00 PM Beginners Group C, A	1134 N. 500 W., Provo Classroom 6 (U.V.R.M.C. Northwest Plaza)
8:00 PM Provo #1 Group O, A	175 N. University Ave., Provo (Community Church)
8:00 PM American Fork Monday Night O, A	834 E. State St., American Fork (Jim's Family Restaurant)
8:00 PM Misfits Surrender C, A	245 S. 200 E., Springville (Presbyterian Church)

TUESDAY

6:45 PM Tuesday 6:45 PM O, A	50 W. 200 N., Provo (St. Mary's Church)
7:00 PM Kamas Group O	280 N. 100 W., Kamas (Community Church)
8:00 PM C, A, Insanity at it's Finest (Smoking Meeting)	467 E. 1700 N., Mapleton (Private Residence)
8:00 PM Rule 62 Meeting O	72 N. Geneva Rd., Orem (Above Restaurant)
8:00 PM Pleasant Grove Group C	41 E. 200 S., Pleasant Grove (Div of Leisure Services)
8:10 PM Salem Pond Men's Meeting C, A	315 E. 100 N., Payson (San Andres Catholic Church)

WEDNESDAY

6:00 PM Pleasant Grove Group O	41 E. 200 S., Pleasant Grove (Div of Leisure Services)
7:00 PM Payson Group O, A	315 E. 100 N., Payson (San Andres Catholic Church)
7:30 PM Lehi A.A. 101 O, A	394 W. Main St., Lehi (Lehi Historical Hotel)
8:00 PM Aint Saints O	72 N. Geneva Rd., Orem (Above Restaurant)
8:00 PM Provo Open Discussion O, A	1300 E. Center St., Provo (State Hospital Chapel)
8:00 PM Friends of Dr. Bob (Big Book Study) C, A	467 E. 1700 N., Mapleton (Private Residence)
9:30 PM Moonlight Meeting O	72 N. Geneva Rd., Orem (Above Restaurant)

THURSDAY

7:45 PM Unity Step Study C, A	50 W. 200 N., Provo (St. Mary's Church)
8:00 PM Sober Get-Together O	72 N. Geneva Rd., Orem (Above Restaurant)
8:00 PM American Fork Group ⁵ C, A	75 N. 100 E., American Fork (Presbyterian Church)

FRIDAY

12:00 PM American Fork Noon Meeting O, A	834 E. State St., American Fork (Jim's Family Restaurant)
7:30 PM Lehi A.A. 101 O, A	394 W. Main St., Lehi (Lehi Historical Hotel)
8:00 PM The Young and Alive; Ready to Thrive O, A	1365 W 1250 S., Orem (New Roads Treatment Center)
8:00 PM Fresh Start Meeting O, A	1240 E. 800 N., Orem (Old Osmond Studio)
8:00 PM UROK Meeting O	72 N. Geneva Rd., Orem (Above Restaurant)

8:00 PM B.Y.O.C. C, A
10:00 PM Aint Saints Late Night O

245 S. 200 E., Springville (Presbyterian Church)
72 N. Geneva Rd., Orem (Above Restaurant)

SATURDAY

9:00 AM Sober@Sunrise O, A
9:00 AM Sunrise Sobriety Group O, A
10:30 AM Women's Meeting O (Children Welcome)
5:30 PM Wasatch Group C, A
8:00 PM Pleasant Grove Group O
8:00 PM Living Sober Sat Night O
8:00 PM Bridge to Recovery O, A
10:00 PM Fireside Meeting O

130 N. 400 E., Orem (Community Church)
600 E. Center St., Heber (Rear Entrance)
72 N. Geneva Rd., Orem (Above Restaurant)
5 S. 100 W., Heber (St. Lawrence Church)
41 E. 200 S., Pleasant Grove (Div of Leisure Services)
72 N. Geneva Rd., Orem (Above Restaurant)
1190 N. Spring Creek Place Suite D-2., Springville (Destination Hope Counseling)
72 N. Geneva Rd., Orem (Above Restaurant)

SPANISH SPEAKING MEETINGS

7:30 PM Spanish Speaking Meeting

1800 S. State St., Orem (East Side Downstairs)

Mon, Tues, Thurs, Sat

Footnotes:

1. Big Book Study on Saturdays, and Open Discussion on Sundays. 2. Step Study on Tuesdays, and Big Book Study on Wednesdays. 3. Grapevine meeting second Sunday of the month. 4. Open Meeting last Tuesday of the month. 5. Open Meeting third Thursday of the month.

Monthly Service Meetings

District III Committee Meeting
First Wednesday of Each Month 6:30 PM
50 W. 200 N., Provo
(St Mary's Church)

Utah Valley Central Office Meeting
Third Wednesday of Each Month 6:30 PM
420 N. 200 W., Provo
Upstairs above Central Office

For the latest updates to our schedule please visit www.utahvalleyaa.org

ONE DAY AT A TIME

EASY DOES IT

FIRST THINGS FIRST

LIVE AND LET LIVE

THINK, THINK, THINK,

KEEP IT SIMPLE