

ALCOHOLICS ANONYMOUS MEETING SCHEDULE

Area 69, District 3

Updated Apr 29, 2008

A. A. Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking.

*There are no dues or fees for AA membership;
we are self-supporting through our own contributions.*

*AA is not allied with any sect, denomination, politics, organization or institution;
does not wish to engage in any controversy; neither endorses nor opposes any causes.*

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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Utah Valley Central Office

420 N. 200 W. (Freedom Blvd) Suite #6
Provo Utah 84601
Phone: (801) 375-8620

Office Hours

Monday, Tuesday, and Friday 9:00 AM-1:00 PM
Wednesday and Thursday 2:00 PM-6:00 PM

E-Mail: utahvalleyaa@mcleodusa.net

Web Site: www.utahvalleyaa.org

Phone Numbers

We care call before you take that first drink

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
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_____	_____	_____

(Boldface indicates recent change)

Legend

C: Closed meeting for those who have a desire to stop drinking **O:** Open meeting any interested person may attend **A:** Wheelchair accessible
(All Meetings are non-Smoking)

Sunday

9:00 AM O, A Payson Breakfast Meeting
10:00 AM O, A Spiritual Breakfast
10:00 AM O, A Serenity Breakfast
10:00 AM O Heber Spiritual Meeting
Noon O, Living Sober (Open Discussion)

840 N. Main., Payson (Flying J Restaurant)
1435 N. Main., Springville (Joe Banditos Restaurant)
1488 S. State., Orem (Jim's Family Restaurant)
600 E. Center St., Heber (Rear Entrance)
72 N. Geneva Rd, Orem (Above Restaurant)

5:30 PM O, Commuter Meeting
6:00 PM O P. G. Group (Big Book Study)
7:00 PM O, Sunday Speaker Meeting
8:00 PM C, A Young at Heart¹
8:00 PM O, A American Fork Sunday Night

6:30 AM O Rise and Shine
Noon O, Living Sober
Noon O, A Back to Basics
5:30 PM O Commuter Meeting
7:00 PM C, Sisters In Sobriety (Women's Meeting)
7:30 PM O Spanish Speaking Meeting
8:00 PM C, A Beginners Group
8:00 PM C, A Provo #1 Group²
8:00 PM O, A American Fork Monday Night
8:00 PM O Heber Candlelight
8:00 PM C, A Misfits Surrender

6:30 AM O Rise and Shine
Noon O, Lunch Bunch
Noon O, Living Sober
5:30 PM O, Commuter Meeting
6:45 PM O, Tuesday 6:45 Group
7:00 PM O Kamas Group
7:30 PM O Spanish Speaking meeting
8:00 PM O Rule 62 (Don't take yourself to damned seriously)
8:00 PM C P.G. Group
8:00 PM C, A Live in the Now³
8:00 PM O Heber Step Study
8:00 PM C, A Salem Pond Men's Meeting (Men's Meeting)

6:30 AM O Rise and Shine
Noon O, Living Sober
Noon O, A Back to Basics
5:30 PM O, Commuter Meeting
6:00 PM O, Pleasant Grove Group
7:00 PM O Payson Group
7:30 PM O, A Lehi A.A. 101
8:00 PM O, Aint Saints
8:00 PM O, Provo Open Discussion
8:00 PM O, A Heber Big Book Study
8:00 PM C, A Friends of Dr Bob (Big book Study)

6:30 AM O Rise and Shine
Noon O, A Lunch Bunch
Noon O, Living Sober
5:30 PM Commuter Meeting
7:00 PM O, Women's Beginner's Meeting
7:30 PM O Spanish Speaking Meeting
8:00 PM O Sober Get-Together
8:00 PM C, A American Fork Group⁴
8:00 PM O Heber Group
8:00 PM C, A Unity Step Study

6:30 AM O Rise and Shine
Noon O, Living sober
Noon O, A Back to Basics

Noon O, A American Fork Fri Noon
5:30 PM O Commuter Meeting

72 N. Geneva Rd, Orem (Above Restaurant)
41 E. 200 S., Pleasant Grove (Div of Leisure Services)
72 N. Geneva Rd, Orem (Above Restaurant)
175 N. University Ave., Provo (Community Church)
834 E. State St., American Fork (Jim's Family Restaurant)

Monday

72 N. Geneva Rd. Orem (Above Restaurant)
72 N. Geneva Rd, Orem (Above Restaurant)
50 W. 200 N., Provo (St Mary's Church)
72 N. Geneva Rd, Orem (Above Restaurant)
245 S. 200 E., Springville (Presbyterian Church)
1800 S. State St., Orem (East side Downstairs)
1134 N. 500 W., Provo Classroom 6 (U.V.R.M.C. Northwest Plaza)
175 N. University Ave., Provo (Community Church)
834 E. State St., American Fork (Jim's Family Restaurant)
600 E. Center St., Heber (Rear Entrance)
245 S. 200 E., Springville (Presbyterian Church)

Tuesday

72 N. Geneva Rd. Orem (Above Restaurant)
1488 S. State., Orem (Jim's Family Restaurant)
72 N. Geneva Rd, Orem (Above Restaurant)
72 N. Geneva Rd, Orem (Above Restaurant)
175 N. University, Ave., Provo (Community Church)
280 N. 100 W., Kamas (Community Church)
1800 S. State St., Orem (East side Downstairs)
72 N. Geneva Rd., Orem (Above Restaurant)
41 E. 200 S., Pleasant Grove (Div of Leisure Services)
130 N. 400 E., Orem (Community Church)
600 E. Center St., Heber (Rear Entrance)
315 E. 100 N., Payson (San Andres Catholic Church)

Wednesday

72 N. Geneva Rd. Orem (Above Restaurant)
72 N. Geneva Rd, Orem (Above Restaurant)
50 W. 200 N., Provo (St Mary's Church)
72 N. Geneva Rd, Orem (Above Restaurant)
41 E. 200 S., Pleasant Grove (Div of Leisure Services)
840 N. Main., Payson (Flying J Restaurant)
394 W. Main St., Lehi (Lehi Historical Hotel)
72 N. Geneva Rd, Orem (Above Restaurant)
1300 E. Center St., Provo (State Hospital Chapel)
600 E. Center St., Heber (Rear Entrance)
467 E. 1700 N., Mapleton (Private Residence)

Thursday

72 N. Geneva Rd. Orem (Above Restaurant)
1488 S. State St., Orem (Jim's Family Restaurant)
72 N. Geneva Rd, Orem (Above Restaurant)
72 N. Geneva Rd, Orem (Above Restaurant)
296 S. Main St., Springville (Entrance on 300 South Red Door)
1800 S. State St., Orem (East side Downstairs)
72 N. Geneva Rd, Orem (Above Restaurant)
75 N. 100 E., American Fork (Presbyterian Church)
600 E. Center St., Heber (Rear Entrance)
50 W. 200 N., Provo (St Mary's Church)

Friday

72 N. Geneva Rd. Orem (Above Restaurant)
72 N. Geneva Rd, Orem (Above Restaurant)
50 W. 200 N., Provo (St Mary's Church)

834 E. State St., American Fork (Jim's Family Restaurant)
72 N. Geneva Rd, Orem (Above Restaurant)

8:00 PM O, UROK
8:00 PM O, Heber Group
7:30 PM O, A, Cool A.A.
8:00 PM O, A Spanish Fork Group⁵
8:00 PM C, A B.Y.O.C.
8:00 PM O, Aint Saints Late Night

72 N. Geneva Rd, Orem (Above Restaurant)
600 E. Center St., Heber (Rear Entrance)
321 E. 300 N., American Fork (Brown Brick Building Parking in Rear)
1134 N. 500 W., Provo Classroom 1 (U.V.R.M.C. Northwest Plaza)
245 S. 200 E., Springville (Presbyterian Church)
72 N. Geneva Rd, Orem (Above Restaurant)

Saturday

9:00 AM O, A Sober@Sunrise
Noon O, Living Sober (Big Book Study)
5:30 PM O, Commuter Meeting
6:00 PM C Wasatch Group
6:00 PM O Kamas Step Study
7:30 PM O, Spanish Speaking Meeting
8:00 PM O, Heber Group
8:00 PM O, Pleasant Grove Group
8:00 PM O, A Living Sober Sat Night (Candlelight Meeting)
10:00 PM O, Fireside Meeting

130 N. 400 E., Orem (Community Church)
72 N. Geneva Rd, Orem (Above Restaurant)
72 N. Geneva Rd, Orem (Above Restaurant)
5 S. 100 W., Heber (St Lawrence Church)
110 N. Main., Kamas (County Services Building)
1800 S. State St., Orem (East side Downstairs)
600 E. Center St., Heber (Rear Entrance)
41 E. 200 S., Pleasant Grove (Div of Leisure Services)
72 N. Geneva Rd, Orem (Above Restaurant)
72 N. Geneva Rd, Orem (Above Restaurant)

Footnotes:

1. Grapevine meeting second Sunday of the Month. 2. Open speaker meeting first Monday of the Month. 3. Open meeting last Tuesday Of the Month. 4. Open meeting third Thursday of the Month. 5. Open meeting last Friday of the Month.

Monthly Service Meetings

District III Committee Meeting

First Wednesday of Each Month 6:30 PM
50 W. 200 N., Provo
(St Mary's Church)

Utah Valley Central Office Meeting

Third Wednesday of Each Month 6:30 PM
420 N. 200 W., Provo
Upstairs above Central Office

ONE DAY AT A TIME

EASY DOES IT

FIRST THINGS FIRST

LIVE AND LET LIVE

THINK THINK THINK